

June 2022

Dear Parent/Guardian,

The Department of Public Health requires that every school age student be administered a physical examination prior to entering a new school system. It is required that a health appraisal of your daughter be conducted by your family physician within the past 12 months. This will provide us with information and recommendations concerning your child so we can support their health needs while in school.

**THIS EXAMINATION SHOULD BE COMPLETED AND SENT TO THE SCHOOL BY AUGUST 1, 2022, ACCOMPANIED BY DOCUMENTATION OF THE FOLLOWING:**

- 2 doses of MMR
- 3 doses of Hepatitis B Vaccine
- 4 doses DTap/DTP
- 1 dose Tdap
- 2 doses of Varicella Vaccine
- 4 doses of Polio Vaccine
- 1 dose of the meningococcal vaccine by grade 7, 2 doses by grade 11
- Negative TB screening
- A copy of your child's 8<sup>th</sup> grade health record from her previous school.
- If your student receives the Flu or Covid vaccine, include a copy with vaccine records
- Completion of the Fontbonne Academy Student Information and Emergency form (found on the New Student Information page)

**NO STUDENT WILL BE ALLOWED TO ATTEND SCHOOL IN SEPTEMBER, UNLESS SHE IS COMPLIANT WITH THE ABOVE REQUIREMENTS.**

It is essential that we are aware of the specific health needs, physical limitations, and social or emotional concerns that may influence your daughter's wellness while attending Fontbonne. All information will remain confidential. Please make sure that your daughter's physician lists all relevant medical issues on the physical exam form.

**If your daughter is to receive prescription medication during school hours, please fill out the appropriate documents, which are available in the nursing office and must be signed by a physician and a parent. If your daughter has an emergency action plan for a medical condition, including food or medication allergies, please send the action plan in with her physical exam and vaccination record and call to make an appointment.**

**All storage and administration of medication is subject to Massachusetts Public Health Law 105 CMR 210:00.**

Please share with us any information that you feel will be beneficial to school personnel as we work closely with your daughter to ensure a healthy and successful school experience. Health forms should be addressed to the attention of the school nurse.

Sincerely,  
Teresa Henderson, RN